MOBILITY TEAM: MAKING A MOVE TO REDUCE HOSPITAL FALLS

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PROBLEM: Older adult patients were falling in a large, urban hospital. Particular units had higher rates of falls than others.

SOLUTION: Train nurses on proper transfers/ambulation of patients, and encourage early and frequent ambulation.

Problem Identified Patient falls were "spiking" on three units in the facility indicating a need to educate nurses on proper mobility efforts to help prevent functional decline in older adult patients.
For more information


NICHE-related resources

4. NICHE Online Connect Webinar: A Mobility Team: Making a Move To Reduce Hospital Falls. (Available at the NICHE website, accessed via www.nicheprogram.org).
5. NICHE Online Connect Webinar: A Transformational Approach to Enhance Function & Quality of Life in the Hospitalized Older Adult. (Available at the NICHE website, accessed via www.nicheprogram.org).